

October 1 Adult Steel Drum Classes-Suffolk, VA

Adult Steel Drum Classes – 7PM - Mosaic Steel Orchestra (a not-for-profit organization) is excited to be offering year-round steelpan classes in Suffolk! This class is a fun way to experience a new type of music, learn a new instrument, and meet new people. All materials are provided and no previous musical experience is necessary! Suffolk Center for Cultural Arts – 110 W. Finney Ave., Suffolk Course fees are \$65 per student per month.

October 3

47th Annual Children's Festival, Norflk, VA

47th Annual Children's Festival – 10AM -Hampton Roads' most beloved family festival is filled with more than 100 creative and interactive activities, storytelling, hands-on workshops and educational displays, cultural experiences, arts and crafts, costumed characters and more! Town Point Park; Downtown Norfolk; \$3

October 3-4

42nd Newport News Fall Festival of Folklife -Newport News Park, Newport News VA

42nd Newport News Fall Festival of Folklife – 10AM - Will feature over 200 exhibitors showcasing traditional crafts, heritage trade demonstrations, entertainment, children's activities, and food. Newport News Park; 13560 Jefferson Ave. \$10 per car parking fee, entrance is Free.

October 7

Senior Steel Drum Classes- Norfolk, Virginia

Senior Steel Drum Classes – 1:30PM – Join Mosaic Steel Orchestra (a not-for-profit organization) as we learn a new musical instrument! Mosaic's Senior Steel Drum Classes teach the art and culture of the Caribbean Steel Drum in a fun, accessible way. Classes cost \$40 per student per month and meet each Wednesday from 1:30-3:00 PM; Crispus Attucks Cultural Center – 1010 Church Street, Norfolk

October 8-11th

Drishti Fest-Virginia Beach, Virginia

Drishti Fest - is about establishing focus, and our focus is set on providing a communitydriven, world-class yoga event, that leaves participants feeling inspired, connected, and just



3501 Atlantic Ave., Virginia Beach - \$250-\$400.

October 17

Step up for Down Syndrome 5 K and Awareness Walk, Virginia Beach VA

Step up for Down Syndrome 5K and Awareness Walk – 7AM - Lace up your running shoes and join the Down Syndrome Association of Hampton Roads for our Annual Step Up for Down Syndrome 5K and Awareness Walk. We have events for everyone to include a kids dash, family fun festival with live music by Wild Heart, bounce houses, face painting, race cars and much more. Mt. Trashmore; 310 Edwin Drive, Virginia Beach - \$5-\$25

October 23

Philippine Festival–Virginia Beach, VA

Philippine Festival – 12PM - The Virginia Beach Philippine Festival is a cultural and educational event featuring dance, music, food and socializing. Stay tuned for more information! This is a new event debuting this year. Virginia Beach Town Center; One Columbus Center, Virginia Beach. Free.

October 25

Harvest Festival– Chesapeake, VA

Harvest Festival – 3PM - Trunk or Treat, hot dog dinner, hayrides, s'mores station, bounce house, live music by Living Water, face painting, free flu shots, CPR training and more. Over 50 vendors will be selling hand-made crafts such as glass, jewelry, pottery, art, embroidered crafts and clothing, edible creations and canned foods, 31 bags and Tupperware, organic seasonings with Wild Tree, and so many more! Quilt auction and Christmas Wreaths supporting United Methodist Women and Men faith based action. 100% of proceeds are supporting local missions. Deep Creek United Methodist Church; 141 George Washington Hwy N, Chesapeake. Free.

October 28

Women's Wellness Fair "Promoting Healthy Curves- Newport News, VA

Women's Wellness Fair "Promoting Healthy Curves" – 6PM - Join us at this health and wellness fair catering to women! Admission is free and open to the public. Visit exhibitor tables and get free health screenings, information pertaining to women's health and more! Featuring live demonstrations: Self-defense for women, preventing heart disease among women, women's sexual health and enhancement, beauty and skin care, living a stress-free life & more. Newport News Main Street Library; 110 Main Street, Newport News.