

# VCCJA 16th Annual Training Conference



**November 14 - 16, 2012**

**Williamsburg Hotel and Conference Center  
Williamsburg, Virginia**

**Wednesday November 14**

## **Registration and Morning Agenda**

**8:30 am –5:00 pm**

**Registration**

**\*\*Vendors\*\***

Our loyal vendors will be back again this year to show off all their latest and greatest products and cutting edge technology. They will be set up in the conference area. Please stop by and pay them a visit. Don't forget to pick up your door prize stickers to be eligible to win some great items donated from across the State.

**10:00 am-11:45 am**

**Strangulation**

As of July 1, 2012, strangulation became a felony charge in Virginia. Strangulation is often prevalent in domestic assault cases and this adds an extra level of accountability of perpetrators of domestic violence. This session will increase awareness of the lethality of strangulation and covers the following: Identification of the subtle signs and symptoms of strangulation and documenting the evidence and steps for successfully prosecuting a strangulation case. Special emphasis is placed on steps of how to properly supervise offenders referred for strangulation offenses.

### **The Impact of Physical and Sexual Violence: A Personal Journey Revealed**

Olga Trujillo watched as her father abused her mother for years. As she was drawn into his abuse of her mother, she was also sexually abused by her father and brothers. Ms. Trujillo, now an attorney, advocate and author, underwent a journey to understand the impact the violence she witnessed and endured - from the child abuse to rapes she suffered as an adolescent and young adult - had on her life. In this presentation she reveals what she has learned so far and, although tragic, her story of survival is inspiring and hopeful. She shows how each person can and does make a difference in the lives of others.

### **Tip of the "I.C.E." Berg**

Immigration laws are changing and these changes will affect the way we supervise cases. Come learn about immigration law/procedures and some tips for case management and information on the 287 (g) program and how to collaborate with the Department of Homeland Security/Immigration and Customs Enforcement.

**11:45pm-1:00pm**

**Lunch Break**

Venture out and enjoy one of the many fine eateries that Williamsburg has to offer. Workshops resume at 1:00 pm.

**Wednesday November 14**

## **Afternoon Agenda**

**1:00 pm –3:00 pm**

**Engage, Focus, Evoke, Plan**

In this 90-minute workshop, participants will learn and practice skills for each of the 4 processes (Engage, Focus, Evoke, Plan) in the newest model of Motivational Interviewing. They will learn about a peer coaching initiative tested in one of Virginia's community corrections programs to foster the development and application of MI skills across the agency.

### **Promoting Awareness of Motivational Incentives (PAMI)**

PAMI is based on positive research outcomes from the National Institute on Drug Abuse (NIDA) Clinical Trials Network (CTN) along with feedback from the Fishbowl Method. Research has shown that motivational incentive programs that use low-cost reinforcement (prizes, vouchers, etc.) delivered in conjunction with on-site urine screening promotes higher rates of treatment retention and abstinence from drug use. Participants in this training will gain exposure to the seven core principles of motivational incentives, history and relevant research, and suggestions for overcoming barriers to implementation of motivational incentives.

### **Examining the Impact of Trauma and Disassociation What It Means for Your Work**

Olga Trujillo is the author of *The Sum of My Parts: A Survivor Story of Dissociative Identity Disorder*. As a survivor of child physical and sexual abuse, and rape, she developed a range of mental health disorders that made her vulnerable to further victimization. As an adult and a lawyer at the U.S. Department of Justice, she began to address the challenges she faced from Dissociative Identity Disorder, Panic & Anxiety Disorders, Post Traumatic Stress Disorder, and Depression. In this interactive workshop she will bring her experience of trauma and disassociation into the room to help participants expand their knowledge of trauma from an inside out perspective. This is a unique perspective of personal and professional experience brought together to help further the response to victims and enhance the quality of supervision of cases involving victims of trauma and disassociation.

### **Domestic Violence Threat Assessment**

This session outlines the most common element in domestic violence incidents, the threat. The participant is guided through the verbal threat; it's impact on the victim and how to build a view of seriousness using pre-incident indicators to violence. A profile of domestic murders using actual case examples and the common denominators in these fatal cases will be discussed.

**Wednesday November 14**  
**Afternoon Agenda – Continued**

**3:30 pm-5:00 pm**  
**The Criminal Mind**

This session will explore the mindset of the person engaged in criminal behavior and identify different motivations for these actions. We will discuss specific behavior by the offender before, during and after the offense as well as determine possible reactions to interventions by those in positions of authority. Discussion will focus upon all types of offenders which will include both non-violent as well as those having committed violent crimes.

**“An Emerging Storm” Female Veterans Living with Post Traumatic Stress Disorder (PTSD)**

This seminar will examine the prevalence and challenges faced by female veterans diagnosed with PTSD. Dynamic risk management, motivational interviewing, and cultural awareness will be infused into an understanding of expressions of PTSD based on such variables as gender, ethnicity, and culture.

**Child Abuse and Domestic Violence**

The focus of this workshop is to discuss the investigative techniques of identifying children as domestic abuse victims. Officers will be provided with the tools on how to interact with the child victim, interview techniques, and safety planning.

**5:30 pm –6:30 pm**  
**VCCJA Wellness Event**

New to the conference format, participants will have the opportunity to attend Wellness Events. This year we are hosting a group Zumba class. Zumba Fitness® is the only Latin-inspired dance-fitness program that blends red-hot international music, created by Grammy Award-winning producers, and contagious steps to form a "fitness-party" that is downright addictive. Remember to bring your work out clothes and join us for what is sure to be an exhilarating event.

**7:00 pm-10:00 pm**

**Taste of Culture Event– Keep the party going**

Back by popular demand, The Cultural Awareness Committee will prepare and provide various cultural food dishes from around the world for your enjoyment. Join us in the hospitality suite and experience the multiple tastes that different cultures have to offer.

**Thursday November 15**  
**Morning /Afternoon Agenda**

**8:30 am –9:30 am**

**Annual Business Meeting**

**9:45 am - 11:45**

**Plenary Session: “Back in the Trenches”**

For two decades, Tonier Cane hustled on the streets of Annapolis, Maryland, desperately feeding an insatiable crack addiction and racking up 83 arrests along the way. Rapes and beatings were a routine part of life; home was underneath a bridge or inside the locked cage of a prison. In 2004, pregnant and incarcerated for violation of parole, she was provided the opportunity to go to a community trauma, mental health and addictions program. Realizing for the first time that she had been a victim, she began to heal and reclaim power over her life, embarking on a remarkable “upward spiral,” that has no limit. Today, she works for the National Center for Trauma-Informed Care dedicating her life to being a voice for those still lost.

**12:00 pm-1:15 pm**

**Luncheon**

**1:30 pm - 3:15 pm**

**Stalking and Technology**

Stalking is a crime that is often misunderstood and overlooked. A stalker’s capability to monitor, track, and harass their victims has been extended with technologies that are readily accessible. This workshop spotlights how offenders have used technology such as cell phones, computers, cameras, and global positioning systems to stalk. Participants will acquire information about the current stalking laws, safety tips for victims of stalking, and resources available within the community.

**Supervising Gang Members:  
Bloods and Crips on Paper....Now What?**

Gang members are not like most offenders; there are different techniques you can use for a more effective supervision. During this session, you will learn techniques for interviewing and supervising gang members. The respect/disrespect aspect of their mentality, along with officer safety when interacting with gang members and all clients.

**Prescription Fraud: A Nationwide Epidemic**

Abuse of controlled substances is a national epidemic that crosses all social and economic boundaries. Addicts and dealers alike obtain their drugs via multiple avenues such as “doctor shopping,” forgery, the Internet, and frequenting “pill mills” to name a few. Participants will learn about “doctor shopping,” the Virginia Prescription Monitoring Program, review a case study involving a licensed professional, examine various Virginia laws and new trends.

“Working Smarter for Safer Communities”

70 Culpeper Street  
Warrenton, VA 20186



## Thursday November 15

### Afternoon Agenda - Continued

**3:30 pm-5:00 pm**

#### **Human Trafficking**

Human Trafficking may be one of the least understood crimes in the United States. However, it is a widespread and highly profitable crime. Available research indicates that a majority of law enforcement agencies have encountered some form of human trafficking or have been in contact with victims through routine work. This workshop provides an overview of sex trafficking, including information about traffickers and their motives, law enforcement responses, and the Trafficking Victims Protection Act (TVPA). Perspectives from a survivor of Domestic Minor Sex Trafficking (DMST) will be shared. Discussion will include the needs of trafficking survivors and Virginia's resources for trafficking victims, including information about the National Human Trafficking Resources Center Hotline.

#### **Cultural Competency For Leaders**

Cultural Competency for Leaders provides a forum for participants to discover the conscious and unconscious ways in which racism permeates our attitudes and behaviors and affects our relationships. This program is designed to foster a deeper appreciation of our individual and cultural differences through personal stories, group exercises, films and articles. Participants will receive handouts on how to successfully communicate cross-culturally as well as how to listen and respond effectively in stressful and conflictual situations involving diversity issues.

#### **Domestic and Sexual Violence in the**

#### **Lesbian/Gay/Bisexual/Transgender Community**

This workshop will offer basic information on LGBT identity and evaluate stereotypes about people who identify as LGBT. Participants will be able to identify the unique power and control tactics used by abusers, learn how to conduct safety planning for LGBT survivors, and will receive updated information on civil orders of protection and local and statewide resources available for LGBT community. Participants will be able to develop best practices when working with LGBT cases and be able to give appropriate referrals.

**5:30 pm –6:30 pm**

#### **VCCJA Wellness Event – Zumba...Take Two**

If you couldn't make it to the first event, don't worry, we have you covered. The VCCJA Zumba wellness event returns for a second night. Bring your workout clothes and bond with your colleagues while getting in shape. A fun and unique networking opportunity for all.

**8:00 pm-11:00 pm**

#### **VCCJA Disco Night**

We're taking it back to 70's and 80's. Bring your disco vibe. There will be a dance contest and prize for best dressed.

## Friday November 16

### Morning/Afternoon Agenda

**8:30 am - 10:00 am**

#### **Let's Get Real About Racism**

In this revolutionary experiential workshop, we offer the kind of conversations seldom approached in most diversity experiences. We examine some of the fears and stereotypes that prevent us from having a truly open and authentic conversation with each other. We also explore what people of color can't say and whites are afraid to ask and the reasons why. And, in the process, we practice how to effectively and compassionately hear the answers to these questions, developing ways to expand the conversation through curiosity, reflection and action.

**10:00 am-11:45 am**

#### **The Overlap Between Homelessness and Prison**

This session will focus on data and trends that show the barriers that many homeless people face when homeless in Virginia. Recent studies show the staggering correlation between jail and being homeless.

#### **Forget about I.Q, What's your E.Q.??**

This workshop will provide you with a basic understanding of emotional intelligence; provide some ideas for assessing your EQ; and methods for enhancing your emotional competence which can lead to outstanding performance at work.

#### **From Trauma to Tragedy:**

#### **The Reality of Violence Between Dating Partners**

Much of the country became painfully aware of the dangers of violent relationships among dating partners when George Hugely murdered his ex-girlfriend, Yeardley Love. But Love was hardly the first victim of dating partner homicide among young people—she wasn't even the first victim at the University of Virginia. This workshop will offer some factual information about the pervasiveness of dating violence and strategies for collaborative interventions and proper supervision of such cases.

**12:00 pm-1:15 pm**

#### **VCCJA Awards Luncheon**

Join us for lunch as we celebrate and honor colleagues who have displayed exemplary service in the field of community corrections and pretrial services. We will also be doing our 50/50 raffle again this year. This luncheon is always a lot of fun and a great chance to network with your colleagues.



# Conference Registration Information

Early Registration: To be eligible for the discounted rate, forms must be postmarked by 10/8/12.

\$125 for VCCJA Members/\$150 for Non-Member

*Registration after October 8, 2012*

\$150 for VCCJA Members/\$175 for Non-Member

Your registration fees allow you access to countless workshops and other events including luncheons and other networking opportunities.

Please complete the attached registration form: Checks should be made payable to the V.C.C.J.A. Forward payment and registration forms to:

Dee Kirk, Prince William County O.C.J.S.

15941 Donald Curtis Drive, #110

Woodbridge, VA 22191-4256

While cancellations are not accepted, substitutions of participants will be accepted by Registration Coordinator, Dee Kirk at 703-792-7765.

For room reservations please call the Williamsburg Hotel and Conference Center at 877-817-0157. Room rates are \$77 per night. Please reference the VCCJA Conference to receive the discounted price.

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Name: \_\_\_\_\_

Title: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City

State

Zip

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

VCCJA Member: (Circle One): YES NO

Early Bird Registration (Postmarked by 10/8/12)

\_\_\_\_\_ Members: \$125

\_\_\_\_\_ Non-Members: \$150

Late Registration (Postmarked after 10/8/12)

\_\_\_\_\_ Members: \$150

\_\_\_\_\_ Non-Members: \$175